8/8/19 OPNPG Notes:

Business:

1. Proposal to change to quarterly meeting vs 6 per year.
   1. Executive Board has since voted and agreed to trying out a 4 x year meeting.
   2. Months won’t exactly be quarterly (to avoid busy times in the summer & around the holidays).
      1. Proposed months will be February, April, August & October.
      2. For now we will continue to meet on the 2nd Thursdays of this month.
      3. Our next meeting will be October 10th, speaker and location TBD.
2. Proposal to update the preemie guidelines. Will send via email to recruit members.
   1. Current version: <https://www.eatrightoregon.org/opnpg/page/dietitian-resources>
      1. Consider contacting Joan Zerzan, RD from the UW and Washington State and other outside consultants.
      2. Goal to finish at the end of 2020
   2. Stay tuned for an email invite to join this work group.
3. Decide whether to participate in the University of Minnesota Maternal, Infant and Children’s Nutrition Online Course?
   1. Executive Board has decided to forgo this CEU opportunity at this time as there is a much higher fee (double the annual membership per fee for each member) and the topics are more community based vs clinical nutrition this year.
   2. We apologize to those who were looking forward to using this CEU opportunity this year, but the feasibility has only gotten more difficult and the cost is prohibitive.
   3. We still encourage you to register and participate as an individual this year if you’re still interested, the speakers do have some worthwhile topics.
4. NEW WIC link to answer questions for families, providers to get information: <https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/interest-form.aspx>
   1. An easy way to get in touch/contact with WIC about a family that you’re serving or if you want to refer a family to WIC.
5. Treasurer report: Current balance is $3763.33

Speaker:

Melissa Stawarz, RD, CSPCC, LD.  Clinical Dietitian for NICU and Newborn Services Providence St. Vincent Medical Center

Presentation: "Nutrition for the Breastfeeding NICU Graduate"

Topics will include:

        Post-NICU nutrition needs for preterm infants

        Malnutrition indicators in the preterm and neonatal population

        Key practices to support breastfeeding, growth and neurodevelopment